## 9. SOFT SKILLS IN NSS DURING SEVEN DAYS SPECIAL CAMP 2019-20

## 2. NSS Seven Days Special Annual Camp w.e.f 31.01.2020-06.02.2020

The National Service Scheme of SGGSJ Govt.College Paonta Sahib organized seven days special annual camp w.e.f. 31.01.2020 to 06.02.2020 in which 110 volunteers participated. Principal Dr. Veena Rathore was the Chief guest of closing ceremony of the camp. Programme Officer Prof. Reena Chauhan presented the report of seven days camp. She said that the camp was divided into four sections each day that included yoga sessions, physical activity session, technical session and cultural/academic session. The volunteers enthusiastically participated in each activity. The yoga sessions were conducted by the retired teacher Mrs. Malti Maithani each day. For the physical session, Shubhkheda village, HIMUDA Colony, Canal Road, City Parks, Yamuna ghat, Slum area at Kripal Sheela Road and Deijee sahiba temple areas were covered. To manage the physical session, the unit got full cooperation from Rotary Club Paonta Sahib, Bharat Vikas Parishad, Paonta Sahib, Municipal Corporation Paonta Sahib and Gram Panchayat as well. Technical sessions were conducted by the officials of Rotary Club, Sun Pharmaceuticals, Police Department, Global Academy Paonta Sahib and enriched volunteers' knowledge on various fields. Programme Officer also told that during the camp various competitions like declamation, poetry recitation, poster making, rangoli making, art and craft activities were conducted among the volunteers and the prizes for the prize winners were distributed which were sponsored by Sun Pharmaceuticals Paonta Sahib. In the closing ceremony of seven days special camp, volunteers performed many cultural activities like folk and Bollywood dances, skit on moral values, singing of folk and Bollywood songs. Leader Preeti Kapoor and Mohammad Talib shared their experiences of the camp. Principal Dr. Veena Rathore appreciated the energetic and devoted dedication of volunteers towards social service and congratulated the unit for the successful completion of seven days special camp. The formal vote of thanks was presented by Prof. Kalyan Rana Programme Officer and with National Anthem the camp was formally closed.

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